



The  
North Mayo  
Heritage  
Centre

## ORGANIC GARDEN

### Produce List W/B 8th August 2022

#### Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost €25.00. If you wish to order a vegetable box please email [nmhreception2018@gmail.com](mailto:nmhreception2018@gmail.com) Orders must be received by 12 pm on Wednesday for collection on Thursday.

#### Vegetables

Mixed Bag of Lettuce  
Spring Onions  
Chard  
Courgettes  
Rocket  
Mangetout  
Garlic  
Beetroot  
Kale  
Peppers  
Cucumbers  
Celery  
French Beans  
Radish  
Globe Artichokes  
Tomatoes

#### Herbs

Parsley  
Thyme  
Lemon balm  
Rosemary  
Sage  
Dill  
Basil  
Marjoram  
Coriander

*Please note that some items are limited*

**Stall open every Tuesday - Thursday in the  
Organic Garden, 12 – 3.30 pm**

#### WHAT WE HAVE IS WHAT WE GROW

We do **not** buy in **any** produce. Our produce is entirely seasonal and is all grown on site in the Organic Garden here at North Mayo Heritage Centre