



VEGETABLES	WEIGHT/Kg/gms	Price €
Artichokes:		
Globe	per piece	€1.20
Jerusalem	500gms	€3.00
French Beans	200gms	€2.50
Dwarf French Beans (green, yellow, purple)	200gms	€3.00
Beetroot (Golden / Striped / Red)	500gms	€2.00
Broad Beans	500gms	€2.00
Broccoli (Green / Purple Sprouting)	per head	€3.00
Butternut squash	per piece	€2.00
Brussel Sprouts	500gms	€2.00
Cabbage (red/white/green)	Per head	€2.00
Calabrese	Per head	€3.50
Cauliflower	Per head	€3.00
Carrots (small/medium)	1kg	€3.00
Celery	per piece	€2.00
Celeriac	per piece	€2.00
Chard (Rainbow)	200gms	€2.00
Chillies:	per 100gms	€2.50
Cayenne / Golden Cayenne / Jalapenos / Padron		
Courgettes (Green, Dark Green, Strippy/ Golden/Pale Yellow)	500gms	€3.00
Cucumber (Green/Yellow)	per piece	€1.50
Garlic (3 varieties)	100gms	€2.75
Kale (Curly/Dark Green/ Red)	200gms	€2.00
Leeks	400gms	€2.50
Lettuce (Mixed leaves/ Baby Leaves / 6 other varieties of Green & Red Lettuce)	Mixed bag	€2.50
Mangetout; (Green/Purple)	200gms	€2.00
Mizuna (Red/Green)	100gms	€2.50
Onions (Red/White)	500gms	€2.50
Spring Onions	per bunch	€1.50
Parsnips	500gms	€2.50
Peppers (4 varieties/Red/Green)	500gms	€3.00
Potatoes (Orla / Sarpo Mira / Connect)	kg	€2.50
Pumpkins	per piece	€5.00
Radishes	per bunch	€2.00
Rocket	100gms	€2.50
Runner Beans	200gms	€2.50
Guerkins	per piece	€0.50
Spinach	250gms	€2.00
Squash (Uchiki Kuri)	kg	€2.50
Swede	per item	€1.50
Turnip (Purple Top)	per item	€1.50
Tomatoes (Cherry -Yellow/Black & Red/Orange, 3 types of Beef tomato, 5 types of salad tomato)	Cherry 250gms Salad 250gms Beef 250mg	€2.50 €2.50 €3.00

HERBS	WEIGHT/Kg/gms	Price €
Basil (Sweet Green/ Lettuce Leaf/ Purple)	100gms	€3.00
Coriander	100gms	€2.00
Parsley (French Flat Leaved/ Curly)	100gms	€1.50
Thyme	50gms	€1.00
Sage	100gms	€1.50
Rosemary	100gms	€1.50
Mint	100gms	€1.50
Chives	100gms	€1.50
Wild Garlic	100gms	€2.50
Lovage	100gms	€1.50
Dill	-	-
Fennel	100gms	€1.50
Oregano	100gms	€1.50
Horseradish	100gms	€2.00

FLOWERS	WEIGHT/Kg/gms	Price €
Borage	10 flowers	€1.00
Calendula	per piece	0.20c
Nasterium	per piece	0.10

FRUIT	WEIGHT/Kg/gms	Price €
Apples (Eating/Cookers)	1 kg	€2.50
Blackcurrants	500gms	€2.50
Redcurrants	250gms	€2.00
Gooseberries	500gms	€3.00
Rhubarb	5 pieces	€2.00
Strawberries	Punnet (small)	€2.50
Raspberries	250gms	€2.50

The North Mayo Heritage Centre's Organic Garden has been certified organic for 27 years.  
In 2016, produce from the garden was short listed by Bord Bia for a National Organic Food award.

