



The  
North Mayo  
Heritage  
Centre

## ORGANIC GARDEN

Produce List W/B 5<sup>th</sup> February 2024

### Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00.

If you wish to order a vegetable box please email [nmhreception2018@gmail.com](mailto:nmhreception2018@gmail.com)

Orders must be received by 12 pm on Wednesday for collection Thursday.

Please note that we still have some plants available for sale.

### Vegetables

Onions  
Mixed Bag of Lettuce  
Chard  
Spring Onions  
Kale  
Garlic  
Beetroot

### Herbs

Basil  
Parsley  
Thyme  
Lemon balm  
Rosemary  
Coriander  
Sage

### Fruit

Potatoes - €2.50 per kilo  
€7.50 per 3 kilos

Apples (cooking)  
€2.50 per kilo

Apple Juice - €5 per bottle

***Please note that some items are limited***

**Stall open Tuesday, Wednesday & Thursday in  
the Organic Garden, 12:00pm – 3.30 pm**

#### WHAT WE HAVE IS WHAT WE GROW

We do **not** buy in **any** produce. Our produce is entirely seasonal and is all grown on site in the Organic Garden here at North Mayo Heritage Centre