



VEGETABLES	WEIGHT/Kg/gms	Price €
Artichokes:		
Globe	per piece	€1.20
Jerusalem	500gms	€3.00
French Beans	200gms	€3.00
Dwarf French Beans (green, yellow)	200gms	€2.50
Beetroot (Golden / Striped / Red)	500gms	€2.00
Broad Beans	500gms	€2.00
Brussel Sprouts	500gms	€2.00
Cabbage (red/white/green)	Per head	€2.00
Calabrese	Per head	€3.50
Cauliflower	Per head	€3.00
Carrots (small/medium)	500gms	€1.50
Celery	per piece	€2.00
Chard (Rainbow)	200gms	€2.00
Chillies:	per 100gms	€2.50
Cayenne / Golden Cayenne / Jalapenos / Padron		
Courgettes (Green, Dark Green, Strippy/ Golden/Pale Yellow)	500gms	€3.00
Cucumber (Green)	per piece	€1.50
Garlic	Per bulb	€1.00
Kale (Curly/Dark Green/ Red)	200gms	€2.00
Leeks	400gms	€2.50
Lettuce (Mixed leaves/ Baby Leaves / 6 other varieties of Green & Red Lettuce)	Mixed bag	€2.50
Mangetout; (Green/Yellow)	200gms	€2.00
Onions (Red/White)	500gms	€2.50
Spring Onions	per bunch	€1.50
Parsnips	500gms	€2.50
Peppers	100gms	€1.00
Potatoes	kg	€2.50
Pumpkins	per piece	€5.00
Rocket	50gms	€1.00
Runner Beans	200gms	€2.50
Spinach	200gms	€2.00
Squash (Uchiki Kuri)	kg	€2.50
Swede	per item	€1.00
Turnip (Purple Top)	per item	€1.00
Tomatoes	Cherry 250gms Salad 250gms Beef 250mg	€2.50 €2.50 €3.00

HERBS	WEIGHT/Kg/gms	Price €
Basil	50gms	€1.50
Coriander	100gms	€2.00
Parsley (French Flat Leaved/ Curly)	100gms	€1.50
Thyme	50gms	€1.00
Sage	100gms	€1.50
Rosemary	100gms	€1.50
Chives	100gms	€1.50
Wild Garlic	100gms	€2.50
Lovage	100gms	€1.50
Dill	100gms	€1.50
Fennel	100gms	€1.50
Oregano	100gms	€1.50
Horseradish	100gms	€2.00

FLOWERS	WEIGHT/Kg/gms	Price €
Borage	10 flowers	€1.00
Calendula	per piece	0.20c
Nasturium	per piece	0.10

FRUIT	WEIGHT/Kg/gms	Price €
Apples (Eating/Cookers)	1 kg	€2.50
Blackcurrants	500gms	€2.50
Redcurrants	250gms	€2.00
Gooseberries	500gms	€3.00
Rhubarb	5 pieces	€2.00
Strawberries	Punnet (small)	€2.50
Raspberries	250gms	€2.50

The North Mayo Heritage Centre's Organic Garden has been certified organic for 28 years.  
In 2016, produce from the garden was short listed by Bord Bia for a National Organic Food award.

What we sell is what we grow!

