

## PRACTICAL HORTICULTURE COURSE

### HOW TO SOW, PLANT AND GROW VEGETABLES, FRUIT AND HERBS

This 8 week course will be delivered in two modules.  
Each module lasting four weeks.

Module 1 will start on Saturday, 4<sup>th</sup> June.  
Module 2 will start on Saturday, 2<sup>nd</sup> July.



This full course will cover the following topics:

- Growing a range of vegetables, fruit, herbs and edible flowers
- Soil suitability for growing vegetables, fruit and herbs
- Preparing ground for vegetables, fruit and herbs
- Compost, manure and fertilisers
- Common pests and diseases
- Weed identification and control
- How to maintain vegetables, fruit and herbs
- Pest protection and weather protection
- Watering and feeding of seedlings, plants and in polytunnels
- How and when to harvest and how to store vegetables, fruit and herbs
- Seed saving and its importance
- Safety, tools and garden hygiene
- Garden structures and supports for vegetables and fruit
- How to make a compost heap – what to put in them and how they should be used.

The course will be delivered by the staff of the **North Mayo Heritage Centre** every **Saturday morning from 10 am until 2 pm** and funded through the Community Education Programme of the MSLETB.

All equipment and seeds and plants will be provided and you take home what you grow at the end of the course. Numbers are limited and you must be over 18 years old.

**To enrol please visit the North Mayo Heritage Centre on Saturday, 28<sup>th</sup> May between 12 noon and 2 pm.**

## Enrolling now

**FREE Practical Organic Horticulture Course**  
HOW TO SOW, PLANT, & GROW VEGETABLES, FRUIT & HERBS  
All classes will take place in the Organic Garden at Ennisceoe.

Every Saturday from 4<sup>th</sup> June to 30<sup>th</sup> July  
Numbers are limited and you must be over 18.  
For further information please email  
[nmhcommunity@gmail.com](mailto:nmhcommunity@gmail.com)



# NEWSLETTER

[www.northmayogenealogy.com](http://www.northmayogenealogy.com)

Email: [nmhmanager@gmail.com](mailto:nmhmanager@gmail.com)

Email: [northmayo@gmail.com](mailto:northmayo@gmail.com)

Tel: 096 31809

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### FREE COURSE

*Find out about our*  
**Horticultural  
Course**

**How to sow, plant  
and grow  
vegetables, fruit  
and herbs**

**“Six Days”**  
**An evocation of 1916**  
**North King Street**  
coming to the  
**North Mayo Heritage Centre**  
*Full details inside*



**Cruinniú na nÓg**

June 11<sup>th</sup> 2022  
Updates on social  
media and website



**BOOK OF THE WEEK**

**The GPO in 1916**  
by Stephen Ferguson



Cover image: a scene from Dublin during 1916 rising (from historyextra.com)

The North Mayo Heritage Centre is dedicated to preserving and promoting the rich heritage of the region

To subscribe to this newsletter, please email [nmhmarketing2017@gmail.com](mailto:nmhmarketing2017@gmail.com)



## EVENTS

**A**s part of this year's Cultural Programme the play 'Six Days' will come to the Conference Centre at Enniscoe on Friday 20th May 2022.

This play is part of a 13 date Nationwide tour which will finish in the town hall Westport. The play is written, directed and performed by Frank Shouldice and tells the story of his grandfather during the 1916 Easter Rising

'We are simply overwhelmed with the audience response to 'Six Days'. After selling out our Dublin run we wondered how it would be received around the country. I'm happy to say the tour has lived up to -- even surpassed -- any hopes we had. Although my grandfather was far too modest a man to even imagine himself the centrepiece of a powerful stage drama he is very much the main character behind this true and evocative story' according to Frank Shouldice.

'The Easter Rising was a pivotal event in the emergence of an independent Irish state but history often overlooks the ordinary men and women who made it happen. My grandfather was one of those ordinary people who did extraordinary things when called upon. He was also a very proud Mayoman and, for me, taking 'Six Days' to Enniscoe House and Westport feels like we are bringing his legacy home.'

Dublin Brigade's 1st Battalion at the Four Courts was the last Volunteer garrison to lay down its arms in the Easter Rising. Having faced incredible odds all week the battle for North King Street did not end when Padraig Pearse issued an order to surrender. It was, for those who lived through it, an experience they would never forget.

Using spoken word and original music Chambermade Productions presents SIX DAYS, a highly evocative re-imagining of those incredible events. Based largely on the personal accounts of those who took part SIX DAYS is performed by writer/director Frank Shouldice, whose grandfather was a sniper at the Jameson Malthouse in Smithfield.

Frank will be accompanied by cellist Frieda Freytag whose signature pieces are composed especially for this performance. Soundscape design by Sean Higgins.

"The events of those six days of course -- funny and terrifying and tragic -- the production's haunting original music, Frank Shouldice's restrained, deeply-felt narration: it all added up to an experience that was compelling in the moment and stayed with me long after I left the theatre" said Gerry Stembridge - writer/director

The location for this one off performance is a former agricultural building which was restored and recently refurbished for performances and meetings. 'We are delighted to host this exciting evening' said Hugh Trayer, Manager, the North Mayo Heritage Centre, Enniscoe.

'The recent refurbishment work was completed with the assistance of the Dormant Account Fund with a view to providing a new venue for meetings, events and performances just like this and available for use by this rural and regional community'.



**Frank Shouldice** wrote *Grandpa The Sniper*. His debut film *The Man Who Wanted to Fly* won the Celtic Media Documentary Award and the IFI Documentary Film Audience Award last year.

He has worked extensively as Producer/Director with RTE Investigates and his radio documentary *The Case That Never Was* won Prix Europa in 2016.

He has also written/directed a number of stage plays, including *The Mean Streets of Garradrimna*, *Marie Clare*, *A Few White Lies*, *Shift Work*, *Journeyman* and others.



Written and directed by  
Frank Shouldice

**Frieda Freytag** has performed and recorded with bands and singer-songwriters such as Dave Couse, Fox Owl Crow, Carol Faherty, The Southern Fold, Kellie Marie Reynolds, Garret Baker, Briana Corrigan and others. She is co-founder of cabaret band Marzane Meets Crocodile and founder of the Quaverberry Collective. Frieda played with the Dublin Orchestral Players from 2007-2010 as well as several chamber music groups. She is currently preparing her Teaching Diploma for Piano Solo Performance with the Royal Irish Academy of Music and is also part of the wonderful Presto Project in Cherry Orchard.



Original music by  
Frieda Freytag

1916 – 2016

**"Centenaries are for relatives -- proper recognition obviously too late for the men and women who made it all happen. Did we ever really thank them? Did we thank them enough?"**

Tickets for the show are currently on sale at €12 for Adults, Seniors and Students €10 and family €25. Booking in advance is recommended by calling 096 31809.

#### For further information

Please contact Hugh Trayer, Manager North Mayo Heritage Centre Tel 096 31809 or [nmhmanager@gmail.com](mailto:nmhmanager@gmail.com)

Writer/Director Frank Shouldice. Composer/Cellist Frieda Freytag. Soundscape Sean Higgins. Graphic Design Alan Dunne. Producer Johnnie Pierce.

#### A brief history of the townland

### GLANDAWOO

Glendaduff, Gleann Dá Dubh,  
(the glen of the two Blacks i.e. black-visaged people).

Located in the east of the parish of Attymass. It contains 747 acres, 1 rood, 32 perches\*, including 18 acres, 1 rood, 26 perches\* of water. The property of Col. Browne, of Browne Hall, and Mr. Curtis, of Dublin. Agent, Mr. Howley, Broadlands, near Killala. It is let to Mr. Franklin, Revenue Officer, who sublets it to 9 occupying tenants, at will in divisions, at from £5 to £10 per division. Co. Cess\*\* 3 shillings 0½d per acre. Tithe by Composition, £8 6 shillings 3d., but is withheld by tenantry. Soil, light clay, moory and rocky (a mountain), producing oats, flax and potatoes. Bog plenty.

Prevailing Names – Gallagher and Cawley. Loughdoo is on the boundary between this townland and Kilasser parish. Glendaduff Lakes (2) are in this townland; and between this townland and Kilmactigue parish in Co. Sligo (in the south-east) flows the Bealboy River. There are trout and eel in the lakes, and salmon in the river. Killeen Fort, a burial ground for still-born and unbaptised children, is in this townland. There is a standing flag-stone in this graveyard with a cross cut on it, and there is, also, another flagstone covering a small grave, with a cross cut on it.

\* There are 40 perches in a rood, and 4 roods in an acre.

\*\* The County Cess was a form of local taxation. It is derived from the word 'assessment'.

Taken from the Ordnance Survey Letters of 1838

#### Brief history of the surname

### FERGUSON

This Scottish surname, among the forty commonest in Scotland, was brought to Ulster by settlers, most of whom came with the plantation schemes in the first quarter of the 17<sup>th</sup> century.<sup>1</sup>

A Scottish name (Mac Feargusa) numerous in Ulster. It is also used as a synonym of Fergus in Co. Leitrim.<sup>2</sup> Ferguson, Fergus, Vargus, Farguson, M'Faryse, M'Fargus, Mac Fearghusa, 'son of Fearghur' (super-choice); the name of a Scottish family, some of whom settled in the north of Ireland in the early part of the 17<sup>th</sup> century.<sup>3</sup>

Ō Fearghuis, Ō Fearghusa, O Farguise, O Farris, O Ferris, O Farrissa, Fergus, Ferris, Farris, Farrissy; 'descendant of Fearghus' (super-choice); the name (1) of a medical family in West Connacht who were hereditary physicians to the O'Malleys; and (2) of an ecclesiastical family in Co. Leitrim who were coarbs of St Mogue, or erenaghs of Rossinver. At the end of the 16<sup>th</sup> century, the name was very scattered.<sup>4</sup>

Of the 133 Ferguson births in Ireland in 1890 – including variants – 11 occurred in Leinster, 1 occurred in Munster, 107 occurred in Ulster, and 14 occurred in Connacht. The surname was principally found in counties Antrim, Down and Derry.

<sup>1</sup> 'Irish Family Names' by Brian De Breffny

<sup>2</sup> 'The Surnames of Ireland' by Edward MacLysaght

<sup>3</sup> 'Irish Names and Surnames' by Reverend Patrick Woulfe, 1993 edition.

<sup>4</sup> Ibid

## FAMILY HISTORY

### Trace your Mayo Ancestors

**Are you interested in professional help to research your family history?**

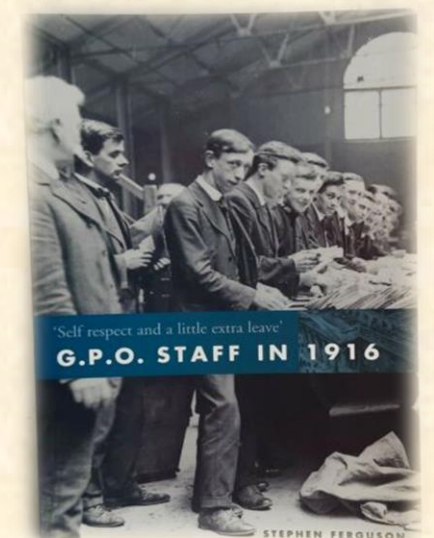
**If you have a query or would like to get started on your family history, why not contact us today. All our research can be done remotely.**

**For more information,  
email: [northmayo@gmail.com](mailto:northmayo@gmail.com)  
Tel: 096 31809**

### BOOK OF THE WEEK

### GPO STAFF IN 1916

by Stephen Ferguson



€8 (+postage)

The 1916 Rising has been studied from many different angles over the years but the unique perspective of GPO staff on the events of Easter Week has not previously been examined. Post office records and photographs, many previously unpublished, reveal the importance of the role played by postal staff during that week and provide fascinating eye-witness accounts of events as they unfold across the city centre.

Here, based on the official reports of various GPO staff, is not merely an exciting account of Post Office people in turbulent times but also nuggets of new information that will be of interest to both historians and the many people for whom the drama of 1916 holds a special fascination.

This week's **Book of the Week** and a selection of hand-picked books on north Mayo by local authors, can be purchased from our **eBay Bookstore**. Books may also be purchased on our website. Almost 50 publications available.